

# September – A Time To Study!



September; a month that to a lot of us means change; the nights are drawing in, we've had our summer holiday and with children back at school the commute to work takes twice as long as it did in August.



Since 1998, the number of stay at home workers has increased by 2 million, with the majority of them living in the South of England. With benefits such as choosing your own hours, wearing your own clothes (including your dressing gown) and no stressful commute it's obvious why more of us are choosing careers that allow us to work from home.

Working with professionals living in the Surrey Hills, country estates, and city apartments Aspect Kitchens are now designing as many bespoke studies as they are kitchens. Business men and women want somewhere they can shut themselves away, and likewise families with children and teenagers want somewhere to study away from distractions.

**Technology has not only influenced business, but the way children and adults are learning too.**

With the dramatic change in technology and gadgets, the last 10 years has seen transformations in both business and education. Online courses are encouraging adult learning, children are staying in education for longer, and it's never been easier to start your own business. This is why a home office is now as sought after as an upstairs loo.

So how do you incorporate much needed working space into your home? It's not unusual to curl up on the sofa with a laptop, especially if working from home means ordering groceries online, using social media or speaking to relatives abroad; but the difference between an A\* and the people who fail or end up back in an work office lies in their environment.

**Albert Einstein once said: "If a cluttered desk is a sign of a cluttered mind, of what, then, is an empty desk a sign?"**

Although it is said that a messy desk makes a creative mind, it is important for the room to maximise potential, encourage proactivity and increase motivation. It might be that you only use your study to hide away the computer or file away paperwork. You may need a desk big enough for two large monitors, and A3 drawings, or you'd like some floor to ceiling bookcases, and a writing desk. The best way to achieve this is to speak with an experienced designer. They will help you create effective storage and a usable design that will complement the style of your home.

If you have the luxury of choosing where to have your study, consider your view. Overlooking the garden instead of a busy road will be calmer, and if you have children it's a good way to keep tabs on them whilst you work and they play. Think about lighting, especially if you are using a computer, and ALWAYS HAVE A PLANT! Your study should reflect your personality as much as any other room, but if you intend to use it for business keep in mind that it needs to look professional not homely.

Source comfortable furniture, and if you want to add a burst of colour why not have a statement rug, or art piece?

And lastly something to think about: "If you don't have the room in the house for your perfect thinking space, there's always the end of the garden."

**Aspect Kitchens**  
1-3 Poplar Court Parade, Richmond Road TW1 2DT  
0208 892 5343